



ABOUT US

With our senior and experienced instructors certified by the Turkish Mountaineering Federation and the Austrian Alpine Club, we are working to teach and inspire people of all ages to love climbing with our 20 years of climbing experience.

OUR TRAINERS



Metin Yilmaz
Owner of
Sunclimbing and
trainer.



Arda Mert Poslu
Head trainer.



CONTACT US!

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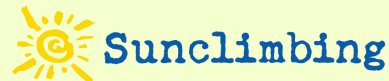
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ROCK CLIMBING FOR KIDS

*Step into a strong
future with rock climbing!*



As Sun Climbing Geyikbayırı, we offer rock climbing trainings to contribute to the **physical, mental** and **social** development of children.

WHAT IS ROCK CLIMBING?

Rock climbing is a fun and educational sport in nature. Kids can start from the age of 6-7.

One of the best things about it is that it is a family activity! By spending time in nature with your children, you can have fun and observe their development closely.



MENTAL DEVELOPMENT

- Problem Solving and Strategy
- Focus and Patience
- Self-Confidence and Self-Competition

PHYSICAL DEVELOPMENT

- Full Body Awareness
- Flexibility and Balance
- Strength and Endurance

SOCIAL DEVELOPMENT

- Team Spirit and Sharing
- Empathy and Responsibility
- Motivation and Communication

GAINS FOR THE FUTURE

- Lifelong Perspective on Sport
- Leadership and Crisis Management
- Academic Performance



BEST EXPERIENCE WITH THE BEST EQUIPMENT

Safety comes first in this sport!

Accompanied by our **professional instructors**, children learn to climb step by step using **specialized safety equipment**.

During rock climbing, we only use **durable** and **certified** equipment that complies with **international safety standards**.

We **regularly check and renew** our helmet, harness and rope systems.